



EMAIL EMOTIONS:

By now, everybody probably knows that a colon, dash, and right parenthesis looks like a smiley face :-)

- : ^ (-_) overbite
- : ^ (_-) under bite
- : ^ (^) protruding teeth
- :-)#) braces and happy
- :->#> braces and very happy
- :-(#(braces and unhappy
- :-<#< very angry about having braces
- :-#)..... braces and drooling
- ..(#) braces hurt
- ..(*#) braces with canker sore!
- :-)#}#) braces and headgear
- :-<}< not pleased with wearing headgear
- <(:-)#}#) braces and high-pull headgear
- (:-)=}> facemask
- :-)##) metal brackets
- :-)}}) ceramic brackets
- :-)\$\$) gold brackets
- :-)](Invisalign™/invisible braces
- :-)}}) retainer
- :-)=) thumb/tongue habit appliance
- : (?) broken wire/bracket
- :-)#=#) braces with rubber bands
- ° :-(#-#) popped off a rubber band
- :-(#-#) ^{oooooo} spilled my bag of rubber bands
- :-(###)-: braces locked
- :-[::] brackets being installed
- :-[#] braces being installed
- :-X I don't want anyone to see my braces

HAVING PROBLEMS? CHECK BELOW:

Lost retainer?

Let the office know immediately. If you can get it to us with the model within 2 to 3 days it could save having to do a new impression which in turn will save being charged for this.

Flexi off?

If the wire is loose, composite broken off or a tooth/teeth moving, report it immediately.



During the Festive Break, David Max (son of Dr Robert Max) married Rebecca in New York.

BAD BREATH

Brushing and flossing are two of the most crucial elements for attacking bad breath. Bad breath is caused by bacteria which live on our teeth and gums. These bacteria feast on food particles left on our teeth creating volatile sulfur compounds. It is these sulfur compounds which give breath its foul odor.

Brushing and flossing remove these bacteria and the food they feast on so that they can no longer create volatile sulfur compounds. Unfortunately, many people do not brush long enough to remove bacteria from their teeth. It takes 2-3 minutes to brush all tooth surfaces yet most people spend less than a minute brushing their teeth.



If you have anything you would like to put into our Newsletter. We would like to hear from you by email or drop something in to us. Our email is info@orthodontists.co.nz.